

June 21, 2009

# Dads Day Run 09

to support Family Connections



5 Mile & 1 Mile Races  
FREE KidSprint

Beautiful loop course through  
historic Shaker Heights

In honor of Father's Day,  
ties given to all finishers!

Great t-shirts!  
Lots of race awards!  
Raffle prizes!  
Race photos!  
Food & refreshments!

All proceeds benefit  
Family Connections

9:00 am - Race Start    7:30 am - Registration    10:15 am - Celebration  
Starts and ends at Shaker Family Center    19824 Sussex Road - Shaker Heights, OH 44122

Carol Nursery School - City of Shaker Hts - Cuyahoga County Board of MRDD - Early Childhood Enrichment Center (ECEO) - Shaker Hts Police Dept - Shaker Hts Public Works Dept - Sussex Community Assoc.

### Last year's sponsors:



Advanced Pediatrics - Albert Bros. - Britton Gallagher and Associates - Louis Padnos Iron & Metal Company - Shaker Auto Lease - Singerman, Mills, Desberg, Kautz - Skoda, Minetti & Co. - Solomon Metals

**\$15 - Adult Pre-Registration (by June 18)**    **\$20 - Day of Race**    **\$12 - Ages 12 and under**  
Submit entry forms to Family Connections    19824 Sussex Road - Shaker Heights, OH 44122  
or online at [www.active.com/search](http://www.active.com/search)    MAKE CHECKS PAYABLE TO: Family Connections  
Questions?    (440) 666-7600    [pnaqusky@hotmail.com](mailto:pnaqusky@hotmail.com)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street Address \_\_\_\_\_ Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Age \_\_\_\_\_ Sex: Male \_\_\_\_\_ Female \_\_\_\_\_ T-Shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

I am competing in: 5 Mile Run \_\_\_\_\_ 5 Mile Walk \_\_\_\_\_ 5 Mile Stroller \_\_\_\_\_ 1 Mile Run \_\_\_\_\_ 1 Mile Walk \_\_\_\_\_

Entry Fee \_\_\_\_\_ I wish to make an additional contribution to Family Connections in the amount of \_\_\_\_\_

I, the undersigned, hereby for myself, heirs, executors and administrators, waive and release any and all rights and claims I may have against Shaker Family Center, their representatives, successors and assigns, sponsors, HMA Promotions, race directors and event volunteers for any and all injuries suffered by me in this event. I further attest and certify that I am physically fit and sufficiently trained for competition in this event. I additionally permit use of my name and/or pictures in event-related publications.

X \_\_\_\_\_  
Signature

X \_\_\_\_\_  
Signature of Parent or Guardian (if entrant is under 18)

- ONE ENTRY FORM PER PARTICIPANT -