



West Side Drop-in Program Schedule

No pre-registration needed and programs are open to all, except as indicated.

**DROP - IN TIMES FOR PARENTS/CAREGIVERS AND THEIR CHILDREN
AT THE CITY OF LAKEWOOD FAMILY ROOM**



Mondays, 9:30-11:00am

Alternative Parenting Drop-In: For parents interested in gentle nighttime parenting approaches, breast feeding beyond a year, whole foods/vegetarianism, holistic health and alternative educational choices.

**Last Monday each month
6:30-8:00pm**

Arab American Women's Organization: A time to build relationships, gather information and understand cultural differences and similarities. *RSVP for FREE childcare...a light dinner provided.*



Tuesdays, 9:30-11:00am

Baby-n-Me & Big Kids Tool! Raising a child can be filled with many different emotions and lots of questions! Join your fellow parents, an early childhood facilitator...make new friends, share your stories, and gain information. *This session is for Lakewood residents only.*

Wednesdays, 9:30-11:00am

Nursing Moms Chat: Each week a lactation specialist, a family support specialist, and many wonderful breast feeding moms gather to encourage and support each other.

Thursdays, 9:30-11:00am

Baby-n-Me & Big Kids Tool! Raising a child can be filled with many different emotions and lots of questions! Join your fellow parents, an early childhood facilitator...make new friends, share your stories, and gain information. *This session is for Lakewood residents only.*

AT THE LAKEWOOD HOSPITAL CHILDCARE CENTER

Thursdays, 6:30-8:00pm

Mommy & Me Teen Parent Drop-In: An evening that begins with a shared family meal and includes opportunities for children to play, and young parents (pregnant and parenting teens, or parents who were teens when their children were born) to make new friends and strengthen support systems.
Call 216-529-5018 for more information and directions.

LEARN THROUGH PLAY (FAMILY LITERACY PLAYROOM) AT THE LAKEWOOD FAMILY ROOM

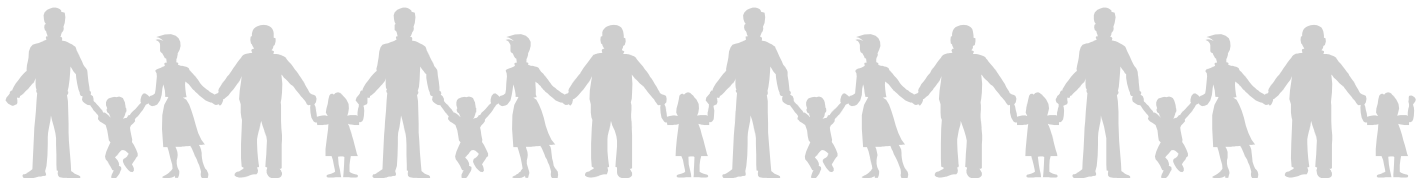
Wednesdays, 6:15 - 7:45 pm
Fridays, 9:30-11:00 am

Caregivers and children from birth to age 5 can enjoy a relaxed, friendly environment and discover art, creative play, math, science, language and stories. Parents and caregivers help their children gain valuable school readiness skills by playing with them.



**LEARN THROUGH PLAY (FAMILY LITERACY PLAYROOM)
AT THE LAKEWOOD FAMILY ROOM - EAST
AT FEDOR MANOR,
12400 MADISON AVENUE**

Wednesdays, 9:00-11:00am This early literacy program provides an opportunity for parents and their preschool children to meet other families in the neighborhood and for children to learn important literacy skills through play. And the coffee pot is always on!



The City of Lakewood Family Room
is located in the Saint James
Childcare Center
17400 Northwood Avenue
(216) 529-5018
<http://ci.lakewood.oh.us>